



NAMASKAR

MAHAMANTRA

NAVKAR MANTRA



NAMASKÄRA MAHÄMANTRA

NAVKAR MANTRA

namo arihantänam.

namo siddhänam.

namo äyariyänam.

namo uvajjhäyänam.

namo loe savva-sähunam.

eso panca-namukkäro,

savva-päva-ppanäsano;

mangalänam ca savvesim,

padhamam havai mangalam.



NAMO ARIHANTÄNAM

OBEISANCE TO THE ARIHNATAS - PERFECT SOULS

I bow to all Arihants (Tirthankars or Jina) who have attained enlightenment by overcoming their inner weaknesses such as anger, ego, deceit, and greed. I bow to those who have attained omniscience in the flesh and teach the road to everlasting life in the liberated state.

NAMO SIDDHÄNAM

OBEISANCE TO THE SIDDHAS - LIBERATED BODILESS SOULS.

I bow to all Siddhas (liberated souls) who have attained the state of perfection and immortality. I bow to those who have attained perfect knowledge and liberated their souls of all karmas.

NAMO ÄYARIYÄNAM

OBEISANCE TO ALL THE ÄCHÄRYAS, who are the heads of various Jain congregations. I bow down to those who have experienced self-realisation of their souls through self-control and self-sacrifice.

NAMO UVAJJHÄYÄNAM

OBEISANCE TO THE UPÄDHYÄYS, who are the learned scholars of the Jain scriptures. I bow down to those who understand the true nature of the soul and teach the importance of the spiritual over the material.

NAMO LOE SAVVA SÄHUNAM

OBEISANCE TO ALL THE SÄDHUS AND SÄDHVIS (ASCETICS) OF THE UNIVERSE.

I bow down to those who strictly follow the five great vows of conduct and inspire us to live a virtuous eco-friendly life.



ESO PANCHA NAMUKKÄRO

This five folds obeisance mantra
To these five types of great souls, I offer my prayers.

SAVVA PÄVAPPANÄSANO

May such prayer help diminish all my negative vibrations and sins.

MANGALÄNAM CHA SAVVESIM

Amongst all of the auspicious benedictions is the first and foremost of all. Giving this praise is most auspicious.

PADHAMAM HAVAI MANGALAM

Offering this prayer is the foremost.
Auspicious recitations - so auspicious as to bring happiness and bliss.

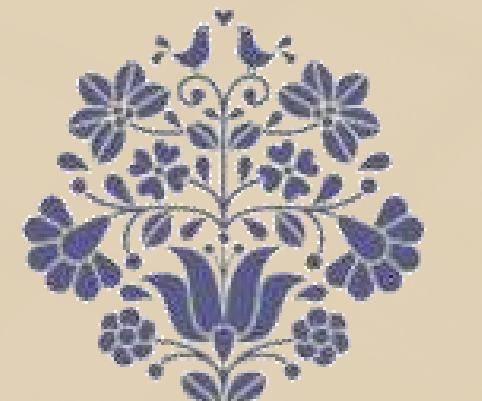
Namaskära Mahämantra Navkar Mantra



**namo arihantānam.
namo siddhānam.
namo āyariyānam.
namo uvajjhāyānam.
namo loe savva-sāhunam.
eso panca-namukkāro,
savva-pāva-ppanāsano;
mangalānam ca savvesim,
padhamam havai mangalam**



“Oh God, by worshipping and putting in practice your principles in life, I hope to achieve true knowledge, true vision & true character. For future life to come, I pray to be born again and again to serve and practice your principles”.



Namaskāra Mahāmantra Naikar Mantra



NAMO ARIHANTÄNAM

Obeisance to the Arihantas – perfect Souls

NAMO SIDDHÄNAM

Obeisance to the Siddhas – liberated bodiless Souls

NAMO ÄYARIYÄNAM

Obeisance to the masters – heads of congregations

NAMO UVAJJHÄYÄNAM

Obeisance to the teachers – ascetic teachers

NAMO LOE SAVVA SÄHUNAM

Obeisance to all the ascetic aspirants in the universe

ESO PANCHA NAMUKKÄRO

This fivefold obeisance mantra

SAVVA PÄVAPPANÄSANO

Destroys all demerit

MANGALÄNAM CHA SAVVESIM

And is the first and foremost of all

PADHAMAM HAVAI MANGALAM

Auspicious recitations

*Chattäri mangalam, Arihantä mangalam,
Siddhä mangalam, Sähumangalam,
Kevali pannatto dhammo Mangalam*

There are four auspicious entities in the universe. Arihants are auspicious. Siddhas are auspicious. Sädhus and Sädhvis are auspicious. The religion explained by the omniscient is auspicious.

*Chattäri loguttamä, Arihantä loguttamä,
Siddhä loguttamä, Sähu loguttamä,
Kevali pannatto dhammo loguttamä*

There are four supreme entities in the universe. Arihants are supreme. Siddhas are supreme. Sädhus and Sädhvis are supreme. The religion explained by the omniscient is supreme.

*Chattäri saranam pavajjämī, Arihante saranam pavajjämī,
Siddhe saranam pavajjämī, Sähü saranam pavajjämī, Kevali
pannatto dhammam saranam pavajjämī*

I take refuge in the four auspicious and supreme entities of perfected souls, liberated souls, ascetics, and the religion expounded by Tirthankar Kevalis. These are expounded by self- control, non-violence, and compassion.



Namaskära Mahämantra Navkar Mantra



A

A

Namaskära Mahämantra
...Navkar Mantra...

namo arihantänam.
namo siddhänam.
namo äyariyänam.
namo uvajjhäyänam.
namo loe savva-sähunam.
eso panca-namukkäro,
savva-päva-ppanäsano;
mangalänam ca savvesim,
padhamam havai mangalam.

ॐ नमो भगवते वासुदेवाय

ॐ नमो भगवते वासुदेवाय



NAMASKAR MAHAMANTRA NAVKAR MANTRA



NAMŌ ARIHANTĀNAM

I bow to the arihants, destroyers of their inner enemies.

NAMŌ SIDDHĀNAM

I bow to the siddhas, the liberated souls.

NAMŌ ĀYARIYĀNAM

I bow to the acharyas, the religious leaders.

NAMŌ UVAJJHĀYĀNAM

I bow to the upadhyays, the religious teachers.

NAMŌ LŌĒ SAVVA SĀHŪNAM

I bow to all the sadhus and sadhvis, those who have renounced the worldly life and follow a path of simplicity.

ĒSŌPAÑCHANAMŌKKĀRŌ,

This five-fold bow (mantra)

SAVVAPĀVAPPANĀSANO

Destroys all sins and obstacles,

MAṄGALĀ NAM CA SAVVĒSĪM,

And of all auspicious mantras,

PADAMAMA HAVAĪ MAṄGALAṀ

Is the first and foremost one.

Dayā shānti samatā kshamā, satya, tyāg,
vairāgya, Hoya mumukshu ghata vishe,
eha sadāya sujāgya.

The true seeker of eternal peace has seven cardinal virtues, which are compassion, peace, equanimity, forgiveness, truthfulness, renunciation, and non-attachment to worldly relations and objects. These qualities keep one constantly vigilant.

Kashāya-ni upashānta-tā, mātra moksha
abhilāsha, Bhave khed präni dayā, tyā
ātmārtha nivāsa.

Where there are no passions like anger, ego, deceit, and greed; where there are no worldly desires; where there is compassion for all living beings; and where the only desire is to liberate the self, there is the abode of self-realization

Rāga, dvesha, ajnāna e, mukhya karma-ni
grantha, Thāya nivrutti jeha-thi, te ja
mokshano pantha.

Attachment, hatred, and ignorance are the three principal reasons of the bondage of karma to the soul. The path by which stoppage of karma occurs is the path of liberation.

NAMO ARIHANTÄNAM

Obeisance to the Arihants – perfect souls

NAMO SIDDHÄNAM

Obeisance to the Siddhas – liberated bodiless souls.

.NAMO ÄYARIYÄNAM

Obeisance to all the Ächäryas, who are the heads
of various Jain congregations.

NAMO UVAJJHÄYÄNAM

Obeisance to the Upädhyäys, who are the learned scholars
of the Jain scriptures.

NAMO LOE SAVVA SÄHUNAM

Obeisance to all the Sädhus and Sädhvis (ascetics) of the universe.

ESO PANCHÄ NAMUKKÄRO

This five folds obeisance mantra to these five types of great souls,
I offer my prayers.

SAVVA PÄVAPPANÄSANO

May such prayer help diminish all my negative vibrations and sins.

MANGALÄNAM CHA SAVVESIM

Amongst all of the auspicious benedictions is the first and foremost of
all. Giving this praise is most auspicious.

PADHAMAM HAVAI MANGALAM

Offering this prayer is the foremost auspicious recitations –
so auspicious as to bring happiness and bliss.

ॐ

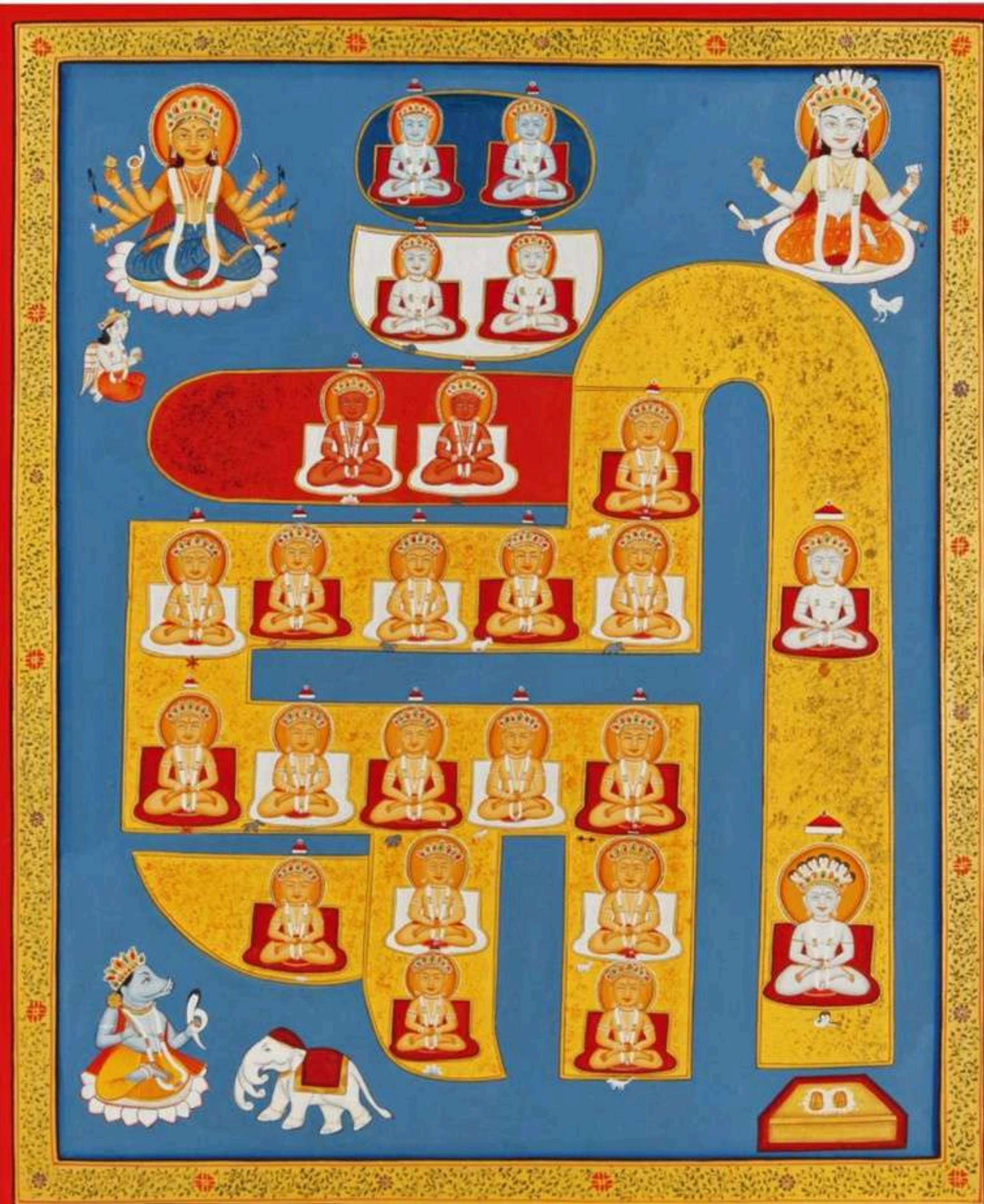
**Tubhyam namastribhuvanartiharaya natha,
Tubhyam namah ksititalamalabhusanaya,
Tubhyam namastirijagatah parameshvaraya,
Tubhyam namo jina bhavodadhishoshanaya.**

Bhaktamar Stotra

By Acharya Manatungasuri

Lord, we bow to you, the eradicator
of the misery of the three worlds;
We bow to you the adorable ornament
on the face of the Earth;
We bow to you, the Lord paramount
of the three worlds;
Omniscient Lord, we bow to you the
destroyer of the sea of the life cycle.
(cycle of transmigration)





24 Tirthankaras - Art_Of_Enlightenmen

Om Mangalam Omkaar Mangalam

**Rishabhdev Mangalam, Ajitnath Mangalam,
Sambhavnath Mangalam, Abhinandan Mangalam,
Sumatinath Mangalam, Padmaprabhu Mangalam,
Suparshvanath Mangalam, Chandraprabhu Mangalam**

Om Mangalam Omkaar Mangalam

**Suvidhinath Mangalam, Shitalnath Mangalam,
Shreyanshnath Mangalam, Vasupujya Mangalam,
Vimalnath Mangalam, Anantnath Mangalam,
Dharmanath Mangalam, Shantinath Mangalam**

Om Mangalam Omkaar Mangalam

**Kunthunath Mangalam, Aranath Mangalam,
Mallinath Mangalam, Munisuvrat Mangalam,
Naminath Mangalam, Neminath Mangalam,
Parshvanth Mangalam, Mahavirswami Mangalam**

Om Mangalam Omkaar Mangalam

**Guru Mangalam, Gautam Mangalam
Mantra Mangalam, Navkar Mangalam,
Tirth Mangalam, Shatrunjay Mangalam
Dharma Mangalam, Jain Dharma Mangalam**

Om Mangalam Omkaar Mangalam

૨ Daily Prayer

*I learned the
names of our
Tirthnakaras by
reciting this
prayer many
years ago & still
recite it daily*



Namkar Mantra

Namo Arihantānam

I bow to all Arihants (Tirthankars or Jina) who have attained enlightenment by overcoming their inner weaknesses such as anger, ego, deceit, and greed.

Namo Siddhānam

I bow to all Siddhas (liberated souls) who have attained the state of perfection and immortality and are free from all karma.

Namo Āyariyānam

I bow to all the Āchāryas, who are the heads of various Jain congregations.

Namo Uvajjhāyānam

I bow to the Upādhyāys, who are the learned scholars of the Jain scriptures.

Namo Loe Savva Sāhunam

I bow to all the Sādhus and Sādhvis (ascetics) of the universe who strictly follow the five great vows of conduct and inspire us to live a simple compassionate life.

**Ēsōpañchaṇamōkkārō, Savvapāvappaṇāsaṇō
Maṅgalā Ṇam Ca Savvēsim,
paḍamama havaī maṅgalam**

This five-fold bow (mantra) destroys all sins and obstacles, and of all auspicious mantras, is the first and foremost one.



Navkar Mantra



I open my heart in reverence to the Arihants (Enlightened Beings) who have overcome all forms of greed, anger, deceit, and selfishness, and who, out of deep compassion, have shared with others their insights, awareness and pathways to freedom.

I bow to the Siddhas (Liberated Ones), who are freed from the cycle of rebirth upon becoming one with the Light. I revere the Achäryas (Heads of Religious Order), whose character and living exemplify their teachings. I pay respects to the Upädhyäyas (Masters and True teachers), who stay in the heart of scriptural knowledge and teach its essence.

I honor all the Sädhus (Sages and Saints) in the universe, who seek to practice the Universal Teachings and live in simplicity, innocence and selfless service.

By opening my heart to these five exemplary figures of Universal Consciousness, I cause my unwholesome tendencies to subside and my wholesome qualities to manifest.

Upon offering these reverences with a sincere heart, I am protected from harm and showered with the highest of blessings and benedictions.

Source: Prayer Book

